



Reasons to keep me home from school and what needs to happen before I can return

What is my symptom?	When should I stay home and when should I seek medical care?	When can I return to school?
Fever	I have a fever of 100 F (38 C) or higher. Seek medical care if I have a fever and any of the following: ear pain, sore throat, rash, abdominal pain, headache, or tooth pain.	24 hours fever-free without the use of fever-reducing medication (such as acetaminophen/Tylenol or ibuprofen) and I am feeling better.
Vomiting and/or diarrhea	If I have vomited 2 or more times in the last 24 hours. Seek medical care if I have stomach cramping and fever, I have a bloody or black stool, or I am showing signs of dehydration (tired and sleepy, dry mouth and not urinating at least once in the last 8 hours).	24 hours without vomiting and I can drink liquids without throwing up. If my diarrhea has improved.
Persistent cough or trouble breathing	If I have excessive secretions (coughing, sneezing, runny nose) I should stay home. Seek medical care if I have a persistent cough, difficulty breathing, or trouble catching my breath or if I develop a fever with the cough. These symptoms may be signs of COVID-19 or flu and should be evaluated by a healthcare provider.	Once I am feeling better and I have been cleared for return by my healthcare provider. If my symptoms were due to asthma, please make sure that I have a doctor's permission to use breathing medication at school.
Rash	Seek medical care if the rash has blisters, is draining fluid, is painful, looks like bruises and/or if I develop a fever.	Rash has healed or I have been cleared for return by my healthcare provider.
Eye irritation	Pink eye (conjunctivitis) is highly contagious. Seek medical care if I have eye swelling, itching, eye pain, trouble seeing, or an eye injury.	Pink eye must stay home for 24 hours once treatment has started. For other eye issues, I can return, once I am feeling better.
Sore Throat/ Strep Throat	Seek medical care if I have drooling, trouble swallowing, or a fever and/or rash.	If I was prescribed an antibiotic by my healthcare provider, then I can return 24 hours after the first dose and I am without fever and I am feeling better.

If you don't know whether to send your child to school or have specific concerns regarding your child's health,

contact your child's healthcare provider, local urgent care, or the school nurse